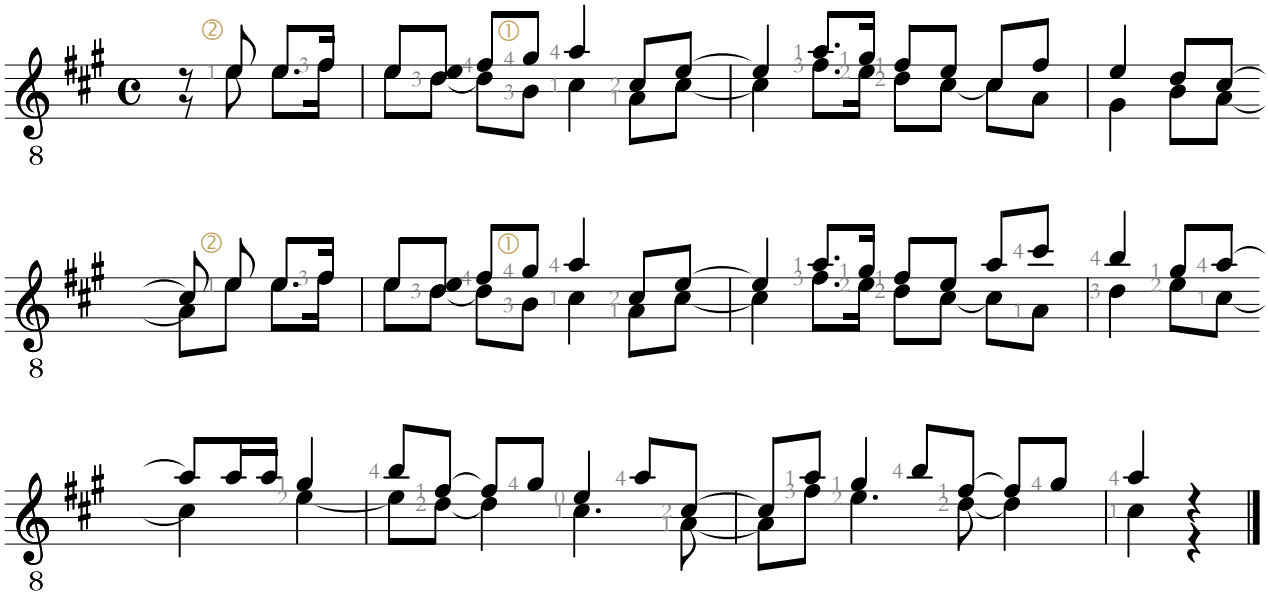Es ging eine Jungfrau